

Thank you for joining

We ask that you:

- Please mute your microphone, and remain muted through the presentation.
 - Please hold all questions until the end of the presentation.
 - We ask that participants use the chat feature to write their question.



Mission Statement:

The Tracy Triton Swim Club provides training and competitive opportunities for recreational swimmers of all abilities to reach their individual and team goals; emphasizing character, sportsmanship, team unity and family participation. Coaches provide challenging, positive, fun and rewarding experiences for swimmers and families.

About the Tritons:

The Tracy Tritons Swim Club is a recreational team that swims April 1st through late-July. The goal of our team is to provide every member an opportunity to improve their swimming skills and achieve success at his or her level of ability from an individual as well as a team standpoint.

The Tracy Tritons compete within the Mid-Valley Swim League (MVSL). The league consists of six teams: Ripon Sea Lions, Manteca Dolphins, Turlock Sea Dogs, Modesto Mavericks, Discovery Bay River Otters and the Tracy Tritons. Our meets consist of dual-meets with two teams, tri-meets with three teams, and Invitational swim meets where all six teams are competing.

Board of Directors

- Brandon Kanner
- Brian Young
- Lea Austin
- TJ Gardner
- Brandon Hawkins
- Frank Morelos
- Jason Booe
- David Martinez
- Rebecca McMilton

- President
- Vice President
- Treasurer
- Secretary
- Board Member

Coaching Staff

Jennifer Silva - Head Coach

- 4th year as Head-coach
- 9 years affiliated with the team
- Assistant Coach Kimball High School Swim Team

Denise Haliczer- Assistant Coach

- 1st year as Assistant Coach
- 12 years affiliated with the team
- Head Coach Merrill F. West High School Swim Team



2025 Junior Coaches

Returning Junior Coaches

Kaylah Aguilar

New Junior Coach

- Cailee Booe
- Cindy Nguyen
- Hailey Kohler
- Luke Alger



Seasonal Dues

\$350 per swimmer

The fee includes all necessary items, except

- Swim suit
- Goggles
- Cap
- Kickboard

High School Swimmer \$175 (Members of a high school swim team)

WE NEED YOUR HELP

Parent/Family Commitment

- The continued success of the Tritons is based on parent participation. Every meet takes a large amount of involvement to function.
- Each family is required to work for a minimum of 2 hours per meet if your child(ren) is participating in the meet.
- This includes each day of all meets home or away.
 Volunteering for 1 shift is mandatory.



Registration

- Registration takes place online at: <u>www.tracytritons.org</u>
- Registration is open now for returning swimmers.
- New swimmers should register after a successful swim skill assessment.
- All swimmers must be registered before practice on April 1st.

SWIMMERS WILL **NOT** BE ALLOWED IN THE POOL UNLESS REGISTRATION HAS BEEN APPROVED.

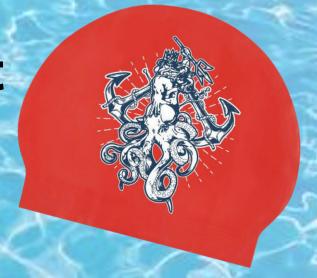
Equipment

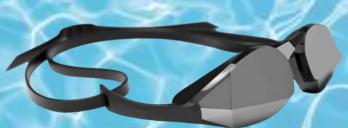
Required:

- Swim suit (one piece)
- Swim cap (for swimmers with long hair)
- Goggles
- Towel



- Fins
- Extra swim suit (one for practice and one for meets)
- Extra pair of goggles
- Sunscreen
- Water Bottle







- Available for purchase soon!
- Team Suit is not mandatory, but we strongly encourage everyone to purchase a team suit.
- If you do not purchase a team suit, we request the swimmer wear a solid red suit.



New Swimmer Assessment

Saturday March 22 – 9:30-12:30 Joe Wilson Community Pool

Do I need to sign up?

- No, it is an open tryout

What are the expectations?

- Must demonstrate to the coaching team that they are competent, and safe in the water.

What do I need to bring?

- A swimmer should have a suit, goggles, and cap

Spring Practice

Monday-Thursday at Joe Wilson Community Pool starting:

Tuesday, April 1st

Age Group	Dry Land	<u>In-Pool</u>
8 and under		6:15-6:50 P.M.
9-10	6:40-6:50 P.M.	6:50-7:30 P.M.
11-12	7:20-7:30 P.M.	7:30-8:15 P.M.
13 and up	8:05-8:15 P.M.	8:15-9:00 P.M.

^{*}Following the assessments we will assess participation by age group and make adjustments.



Summer Practice

(Beginning June 2)

Flexible scheduling: Attend 1 practice per day, up to 5 practices per week.

Location: West High School

7:00-8:00am (Monday - Friday)

6:00-7:00pm (Monday-Thursday)

7:00-8:00pm (Monday-Thursday)

Times are subject to change.

2025 Practice Expectations

April 1st First Day of Practice

Where:

Joe Wilson Community Pool 900 W. Lowell Avenue

Time:

Vary based on age

Registration and payment MUST be completed prior to entry on the deck.

Items to bring:

- Proper Swim Suit
- Goggles
- Swim Cap (If Necessary)
- Towel

Practice Procedure

- DO Not be late
- Enter the deck ready to enter the water

Spring Practice Protocol

Prior to Practice

- Arrive as close to practice time as possible
- Arrive ready to enter water

During Practice

- Follow directions and coaches instructions regarding spacing
- Be ready to work hard

After Practice

- Exit the facility promptly
- No Congregating after practice on the pool deck
- Restrooms are not for showering.

ONLY Swimmers and Staff on the deck



2025 Events & Fundraisers

March 22nd New Swimmer Skill Assessment

March 22nd New Swimmer Registration

April 1st First Day of Swim Practice

April 26th Pancakes and Picture

June 25th Got Laps <u>Fun</u>draiser

July 29th Awards Night

For a complete list of all events, please visit our website



2025 Meet Schedule

May 3rd – Mini Meet

May $17^{th} - 18^{th} - 54^{th}$ Annual Tracy Invitational

May 31st – Tracy @ River Otters

June 7th – Tracy @ Turlock

June 14th – Tracy Mustache Meet

June 21st – Ripon Invitational

June 28th – Modesto @ Tracy

July 12th – Tracy @ Manteca

July 19th – Championships (Tracy Host)



Questions for the Coach



Jennifer Silva - Head Coach



